

Abstract for RACE Program

Program Title: Veterinary Team Wellbeing Research: Creating a happier, more energized veterinary team.

Program Description: Merck Animal Health has completed its 2nd Veterinary Team Wellbeing Study in the fall of 2023. This is the first robust analysis of the entire veterinary team composed of veterinary technicians/nurses, veterinary assistants, CSR's and practice managers. The goal of this research was to determine the levels of mental health, wellbeing and burnout among staff using standardized psychological tools. This robust study allows us to compare/contrast Veterinary staff members with veterinarians and the general population. Further, this allows us to analyze for contributing factors for both job roles and individual segments that are flourishing and for those that are at-risk. Based upon these findings we can suggest specific organizational and personal remedies and interventions to decrease burnout and improve wellbeing and reduce distress among our fellow veterinary team members.

Program Agenda:

- Key Findings
 - Background
 - Job Satisfaction Measures
 - Attitude toward the Profession
- Detailed Findings
 - Wellbeing
 - Mental Health
 - Burnout
- Action Steps
 - What Veterinarians and Staff can do to improve wellbeing
 - What Employers can do to improve wellbeing.
- Conclusion

Learning Objectives:

- **Understand veterinary job satisfaction rate among veterinary team members.**
- **Define Burnout, Wellbeing, and Mental Health**
- **Identify contributing factors for veterinary team segments flourishing and veterinary segments at-risk.**
- **Understand Organizational and personal remedies or interventions that lead to decreased burnout, improved wellbeing and reduced distress.**

I adhere to Conflict-of-Interest guidelines in the RACE Standards at the time of application submission.

Date of application:

