



**VETERINARY MEDICINE**



# **Case Presentations of Lameness and Musculoskeletal Abnormalities in Foals**

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Oklahoma State University  
Fall Conference 2023**

# Overview

- Contracted Tendons
- Angular Limb Deformity
- Neuropathy
- Septic arthritis/physitis





# Case 1

## 8-12 hour hold Quarter Horse colt

- Bilateral forelimb flexural contracture
- Mild at carpus
- Moderate at fetlock/distal limb
- Recipient mare, heavy milk production



# Case 1

8-12 hour hold Quarter Horse colt

- Radiographs



# Case 1

8-12 hour hold Quarter Horse colt

- Radiographs





# Case 1

## Treatment

- Oxytetracycline
  - 3g IV administered in 1L 0.45% NaCl
- Analgesics
  - Ketoprofen
    - 0.5 mL IV once
  - Fentanyl patch
    - 50 mcg/kg/hr x 2
- Bandages/Splints
  - Full limb bandages with caudally placed full limb splints 12 hours

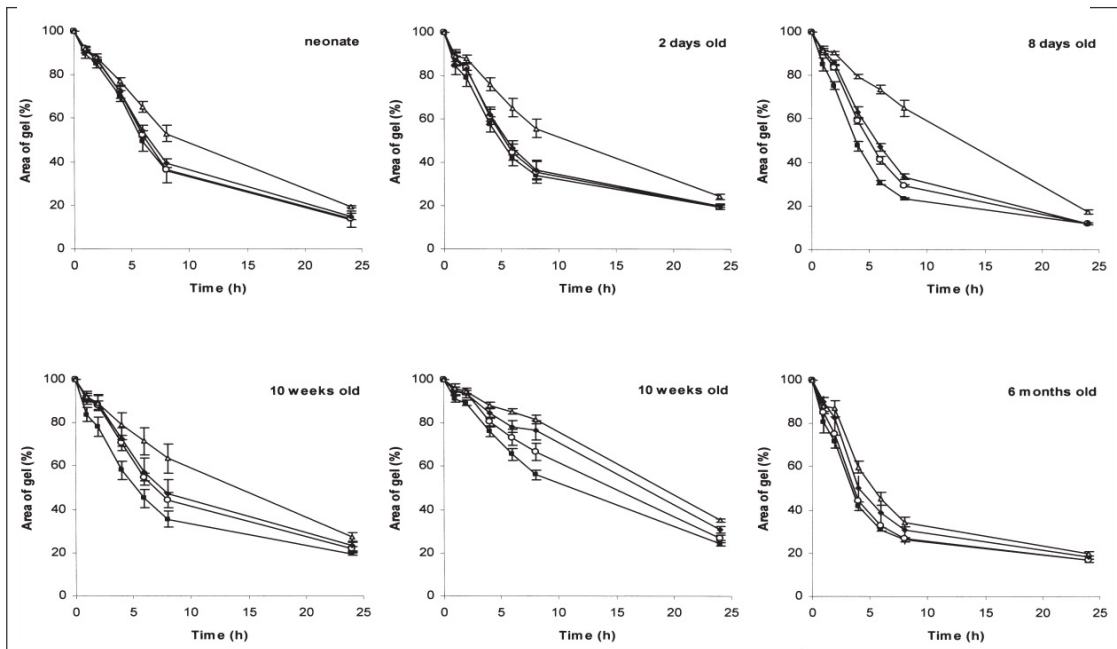


# Case 1

## Review: Basic Principles for Treating Congenital Tendon Contracture

### **In vitro effects of oxytetracycline on matrix metalloproteinase-1 mRNA expression and on collagen gel contraction by cultured myofibroblasts obtained from the accessory ligament of foals**

Steven P. Arnoczky, DVM; Michael Lavagnino, MS; Keri L. Gardner, PhD; Tao Tian, PhD; Zachary M. Vaupel, BS; John A. Stick, DVM



- Oxytetracycline
  - Mediated by inhibition of MMP-1 mRNA expression in equine myofibroblasts
  - MMP-1 = component of cell's ability to remodel and align ECM in developing ligaments and tendons
    - Inhibiting normal collagen organization/structural remodeling
    - More biomechanically compromised tissue
  - Tissue is more susceptible to creep/elongation with weight-bearing
  - Effect is dose-dependent
  - Significant reduction in efficacy with increasing age

# Case 1




## Review: Basic Principles for Congenital Tendon Contracture

- Oxytetracycline Adverse Effects
  - Ensure foals are nursing, adequately hydrated



*Case Report*

### **Rhabdomyolysis and Acute Renal Failure Associated with Oxytetracycline Administration in Two Neonatal Foals Affected by Flexural Limb Deformity**

Nicola Ellero <sup>1</sup>, Francesca Freccero <sup>1,\*</sup> , Aliai Lanci <sup>1</sup> , Maria Morini <sup>1</sup> , Carolina Castagnetti <sup>1,2</sup> and Jole Mariella <sup>1</sup>

# Case 1

## Treatment

- Bandages/Splints
  - Removed bandages/splints at 12 hours
  - Left unbandaged the rest of the day
  - Continued improvement





# Case 1

## Treatment

- 48 hours later
  - Colt still in hospital due to diarrhea
  - Some distal limb contracture noted to be returning
  - Distal limb bandages placed for 24 hours
  - New fentanyl patch x 1
  - Next day added limited controlled exercise

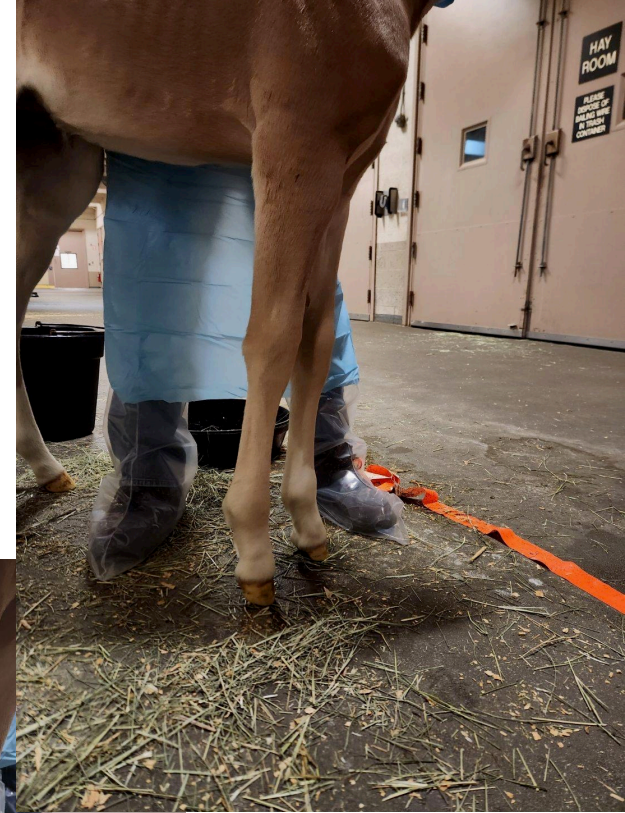




# Case 1

## Treatment

- Another 48 hours later
  - Mild contracture noted immediately following controlled exercise
  - Distal limb bandages applied again
  - Marginal improvement noted next day
  - 2nd dose of oxytetracycline and re-applied splints
  - 12 hours on, 12 hours off bandaging for a total of 5 days



# Case 1

## Treatment

- Discharge instructions
  - Stall confinement with round pen turnout for 30 minutes BID
  - Gradual increase in turnout time every 48 hours for 1-2 weeks
  - If limb conformation remains normal, transition to regular turnout
  - Avoid overly rich feeds for mare
  - Consider weaning early if flexural limb deformities continue to be a concern as the colt grows

## Case 2

**Warmblood colt, presented at 5 hours of age**

- Presented to OSU Emergency
- Bilateral forelimb contracture at the fetlock, pastern, coffin joints (marked) and carpi (mild)
- Unable to stand to nurse at home





# Case 2

Warmblood colt, presented at 5 hours of age

- On Presentation:
  - Vital parameters WNL
  - Had not passed manure or nursed adequately
  - IgG below 400 mg/dL, received 1L hyperimmune plasma
  - Developed symptoms of hypoxic ischemic encephalopathy.....



# Case 2

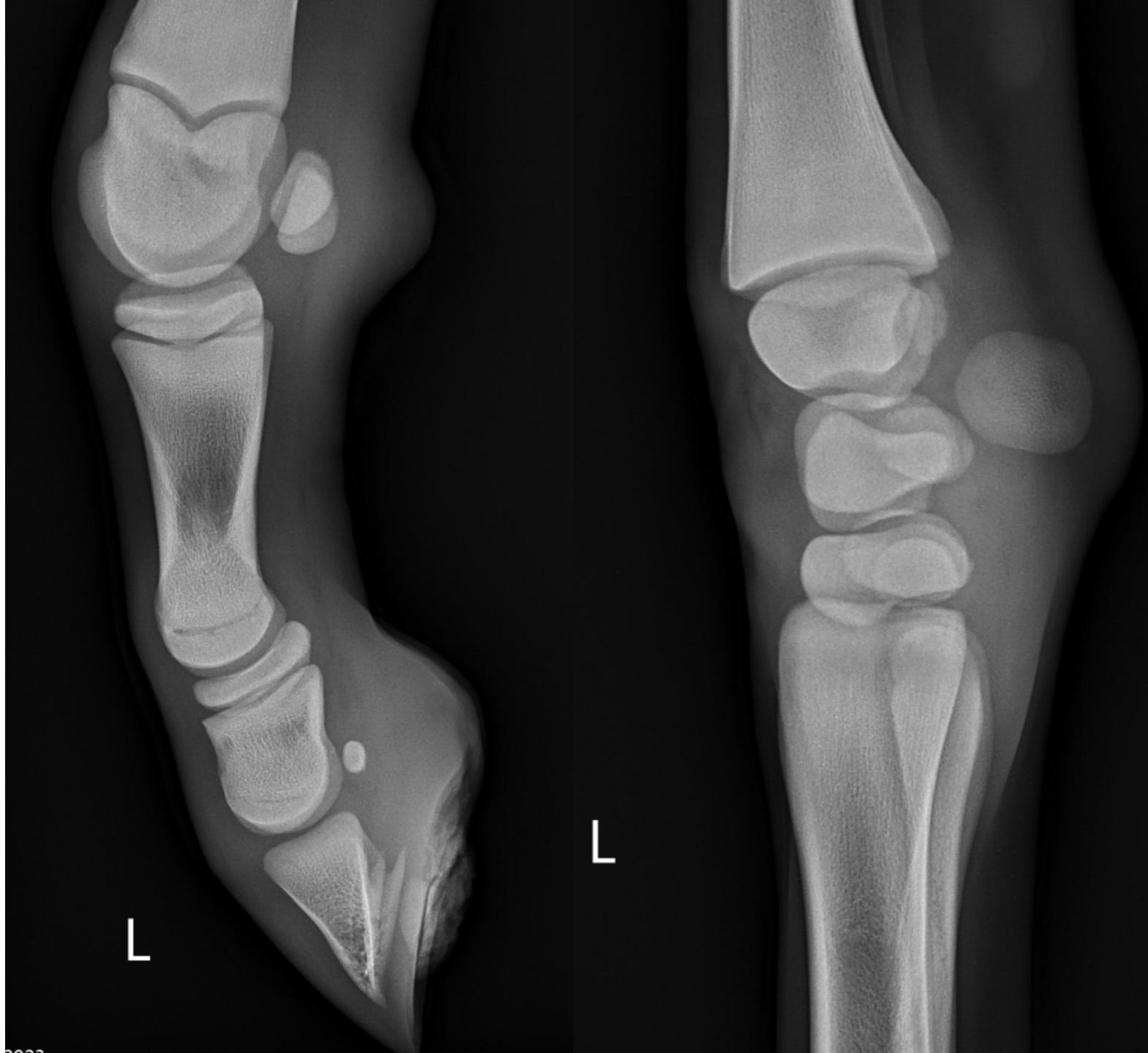
## Radiographs



# Case 2

## Radiographs

- Foaling was appropriate for gestational age
- No known health issues for mare
- Intended for athletic use and/or sale





# Case 2

- Normal gestational length (335 days)
- Placenta passed normally but had green discoloration diffusely
- Mare had premature mammary development
- 86 days hospitalization
- Foal ossified cuboidal bones completely and went on to do well

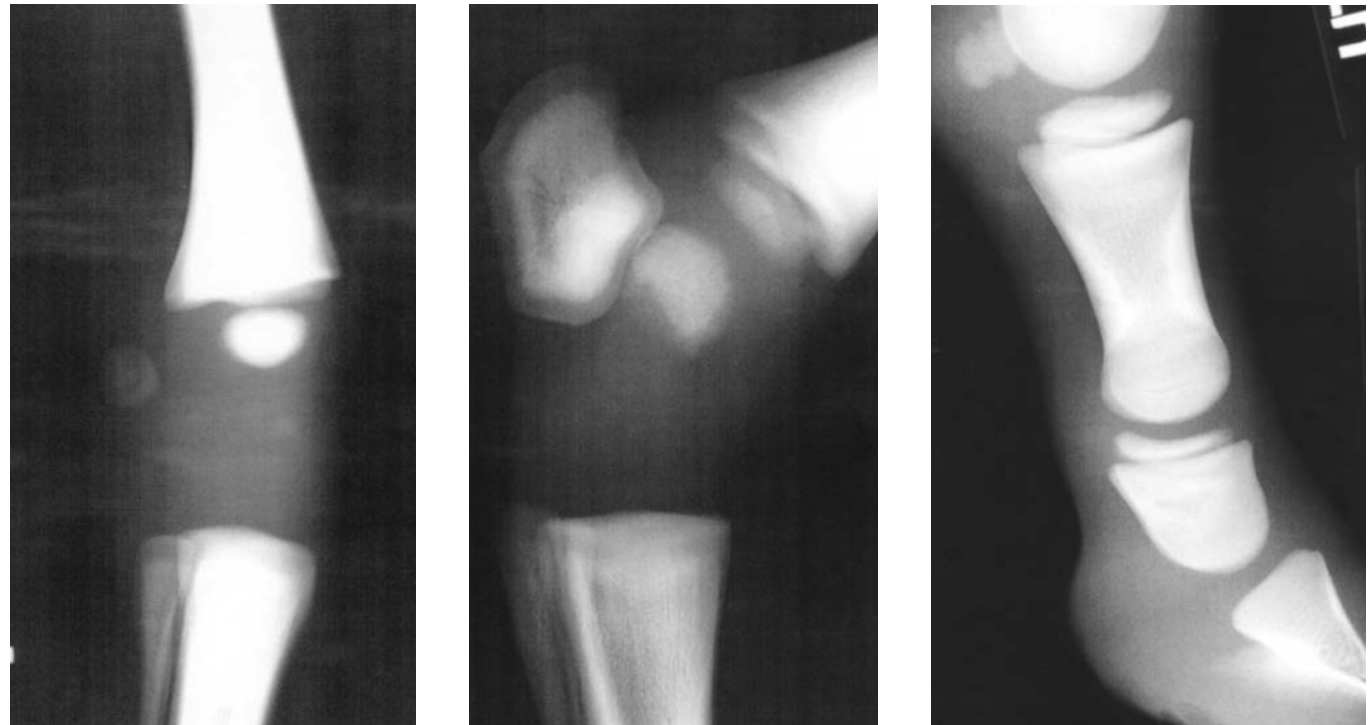
## Case Report

### Incomplete ossification of the carpal, tarsal and navicular bones in a dysmature foal

D. M. WONG\*, W. K. SCARRATT, V. MAXWELL AND M. MOON†

*Departments of Large and †Small Animal Clinical Sciences, Virginia-Maryland Regional College of Veterinary Medicine, Virginia Polytechnic Institute and State University, Phase II, Duckpond Drive, Blacksburg, Virginia 24061, USA.*

**Keywords:** horse; foal; dysmature; ossification; carpal bone; tarsal bone; navicular bone; cuboidal bones



# Case 2

## Treatment of Tendon Contracture – Day 1



- Oxytetracycline
  - 3 g in 1L fluid bolus IV
- Caudally applied full limb splints
  - Left in place 24 hours
- Fentanyl patch 50 mcg/hr x 2



After first 24 hours of splinting



# Case 2

## Treatment of Tendon Contracture – Day 2



- Oxytetracycline, 2<sup>nd</sup> dose
  - 3 g in 1L fluid bolus IV
- Caudally applied full limb splints
  - Left in place another 24 hours
- Fentanyl patches still in place
- Add Acetaminophen 1.5 tabs Q12h PO

# Case 2

## Treatment of Tendon Contracture – Day 3



- Oxytetracycline, 3<sup>rd</sup> dose
  - 3 g in 1L fluid bolus IV
- Mild additional improvement to fetlock/coffin contracture
- Caudally applied full limb splints
  - Left in place another 24 hours
- Fentanyl patches still in place
- Acetaminophen
- Added cuff shoes with toe extensions



# Case 2

## Treatment of Tendon Contracture – Day 4



- Significant improvement to fetlock/coffin contracture
  - Stumbles occasionally
- Laxity to palmar carpus
- Full limb bandages with half limb caudal splints
- New Fentanyl patch applied (x1)
- Acetaminophen
- Continued cuff shoes with toe extensions



# Case 2

## Treatment of Tendon Contracture – Day 5



- Continued improvement to fetlock/coffin contracture
- Full limb bandages with half limb caudal splints
- Fentanyl patch still in place
- Acetaminophen
- Cuff shoes with toe extensions
- Significant ALD, particularly bilateral carpal valgus



# Case 2

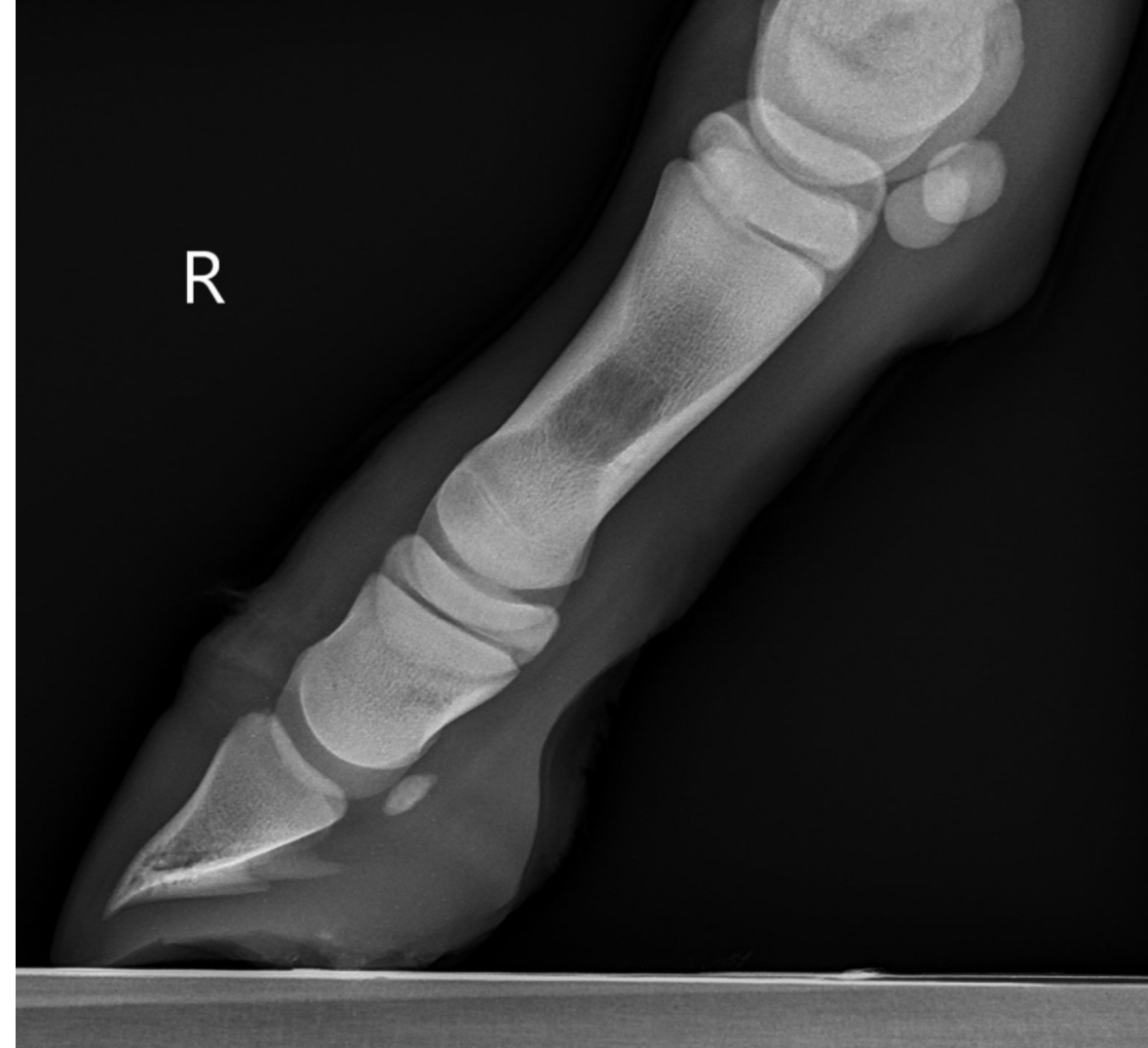
## **Treatment of Tendon Contracture – Days 6 - 11**

- Full limb bandages with half limb caudal splints day 6
- Full limb bandages only day 7
- Cuff shoes with toe extensions removed day 7
- Day 8 went to wraps 12 hours on, 12 hours off
- Transitioned to distal limb wraps only 12 hours on, 12 hours off
- Discontinued bandages day 11
- Fentanyl patch discontinued day 10
- Acetaminophen through discharge, discontinued after 20 days

# Case 2

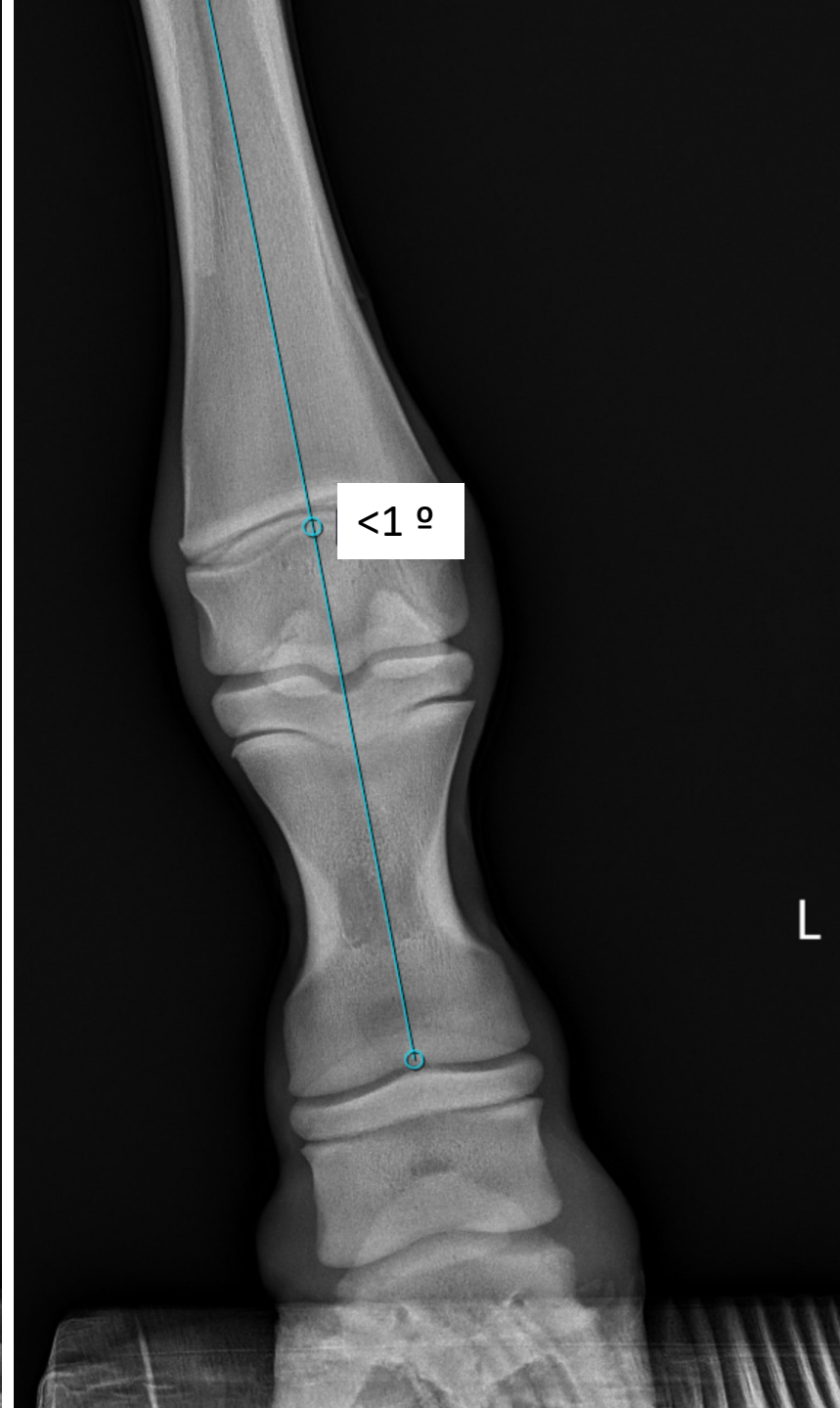
## Radiographs

10 days old



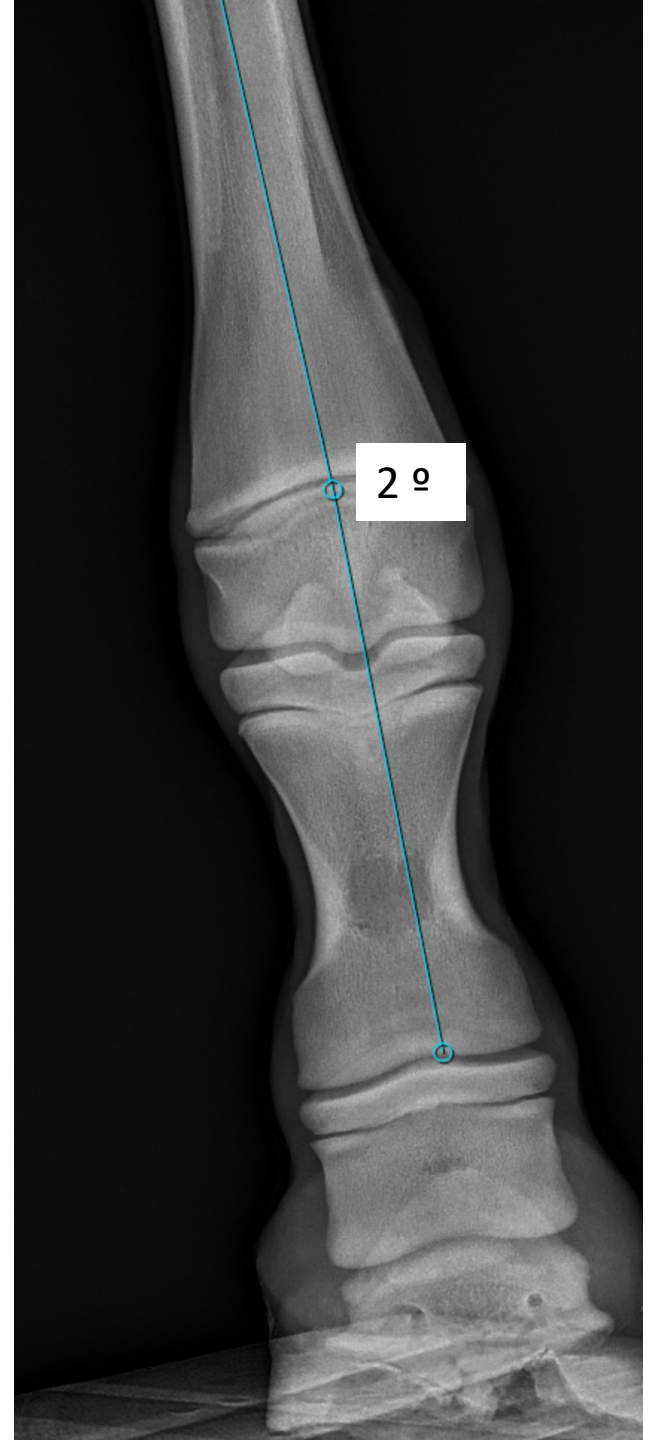
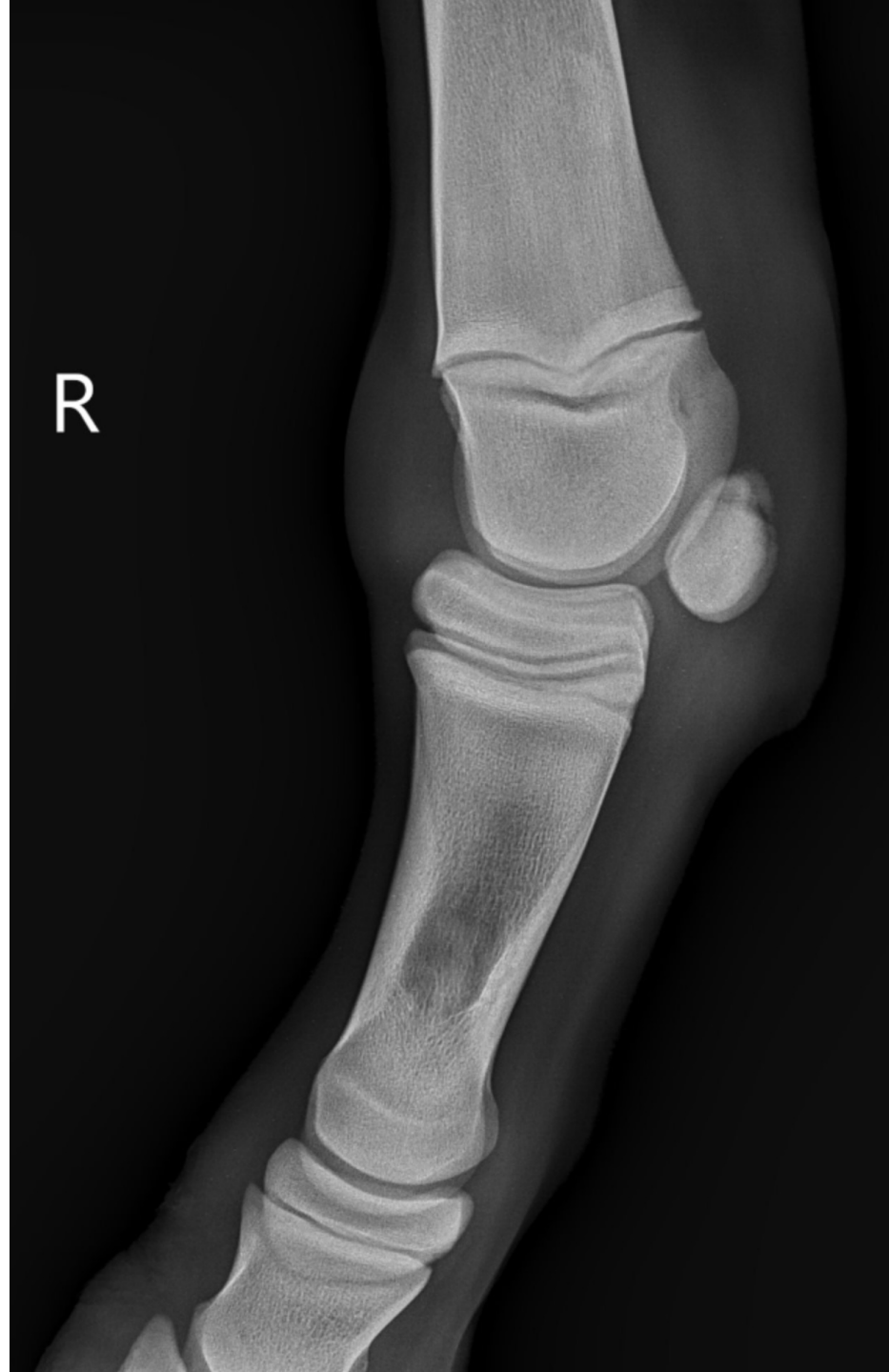
# Case 2

## Radiographs



# Case 2

## Radiographs

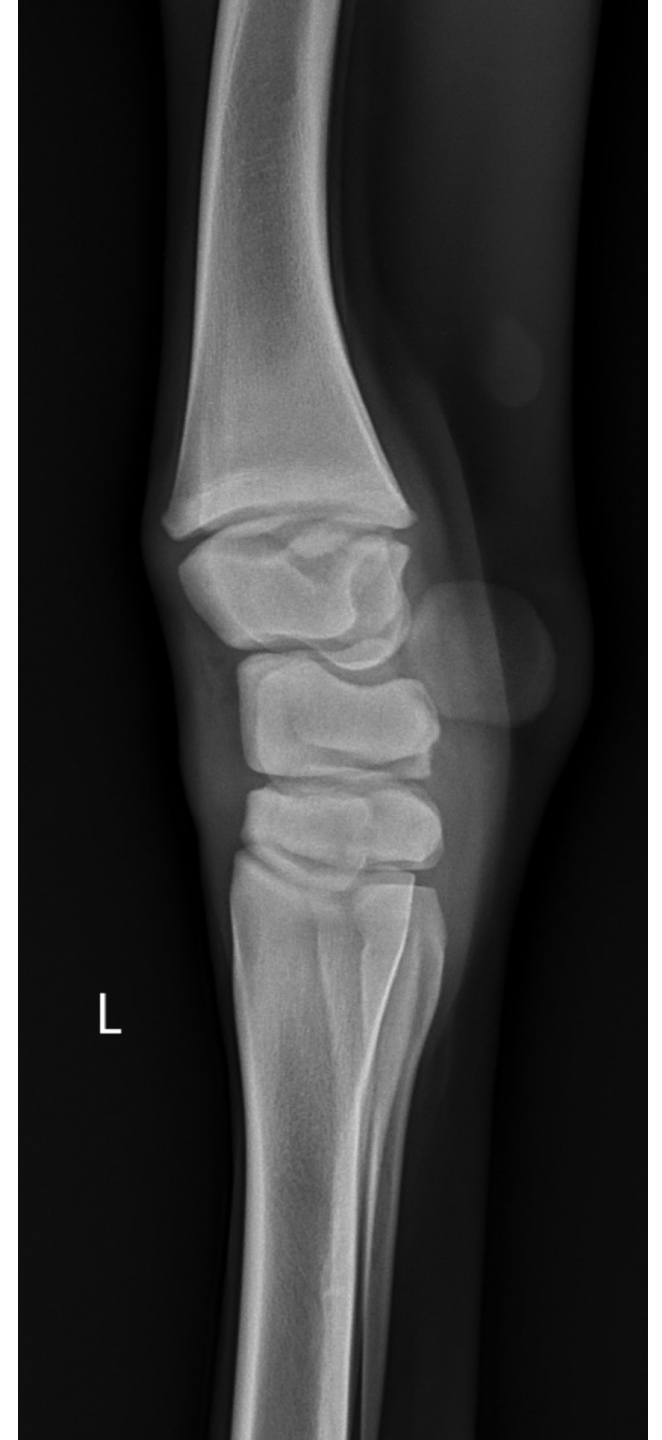
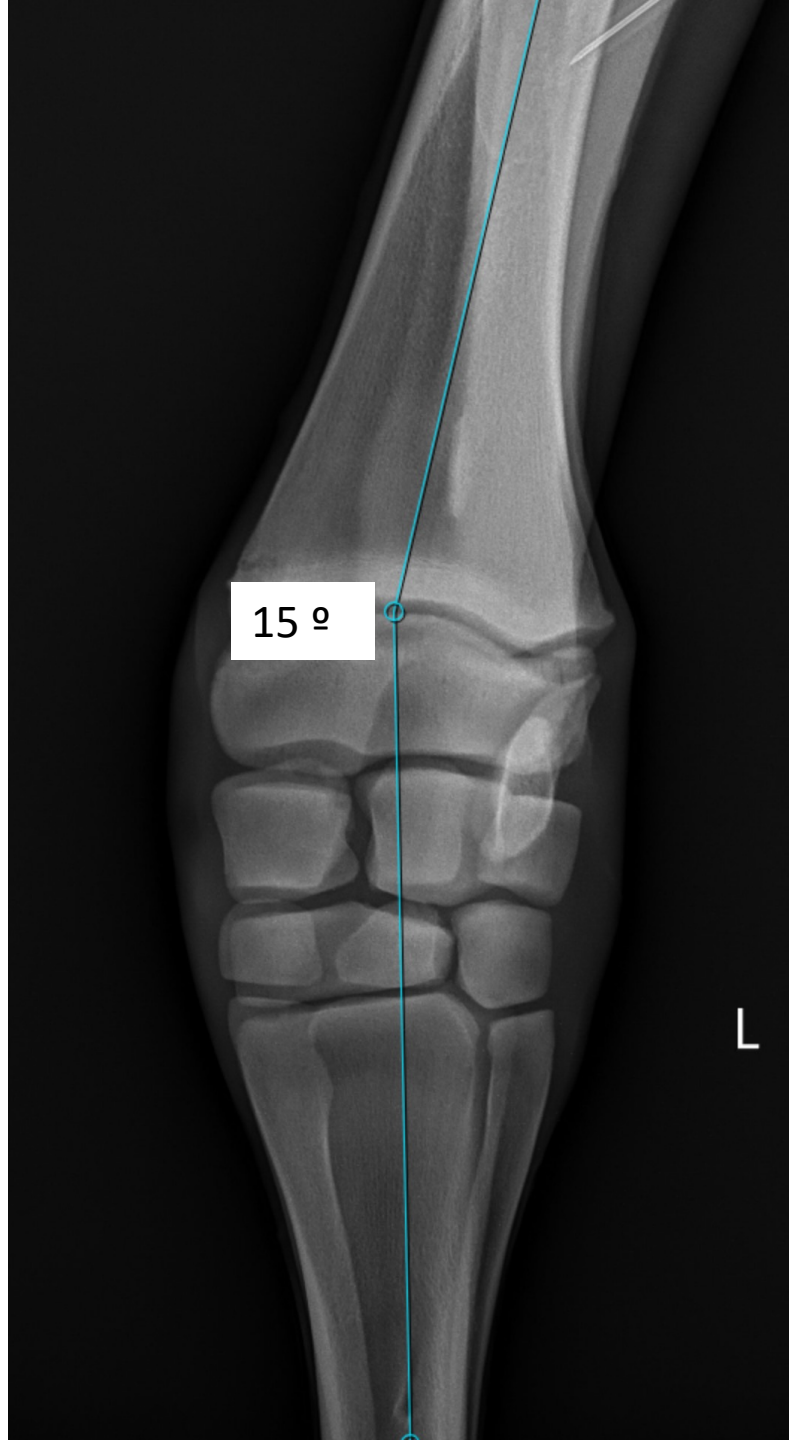




# Case 2

## Radiographs

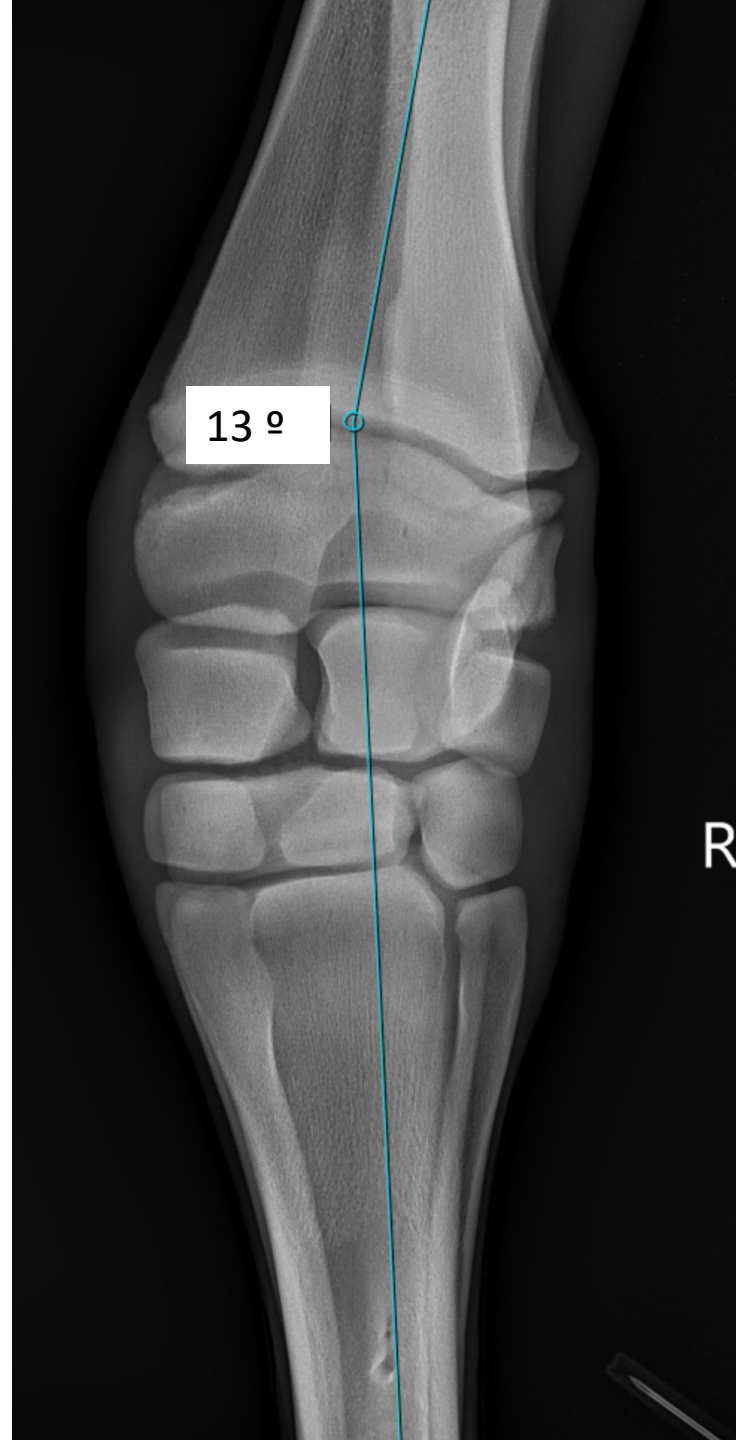
30 days old



# Case 2

## Radiographs

30 days old



# Case 2

## Recheck 60 days of age

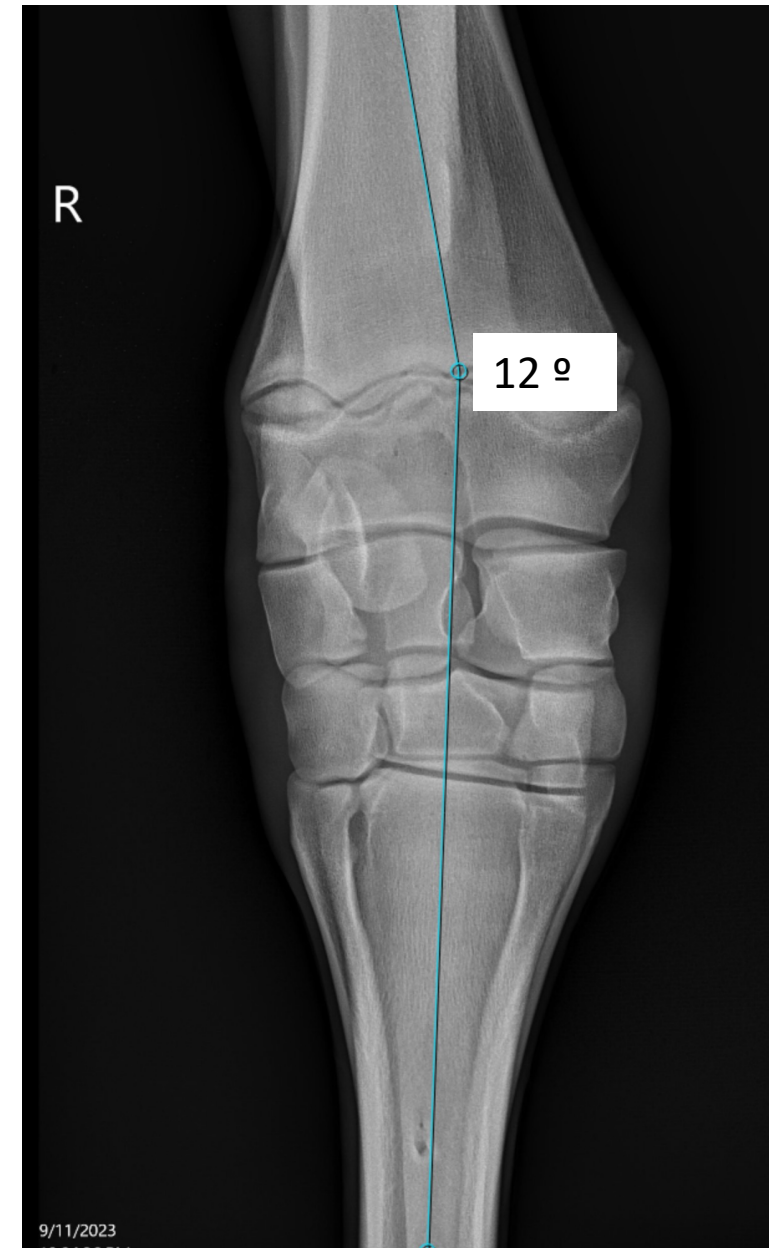
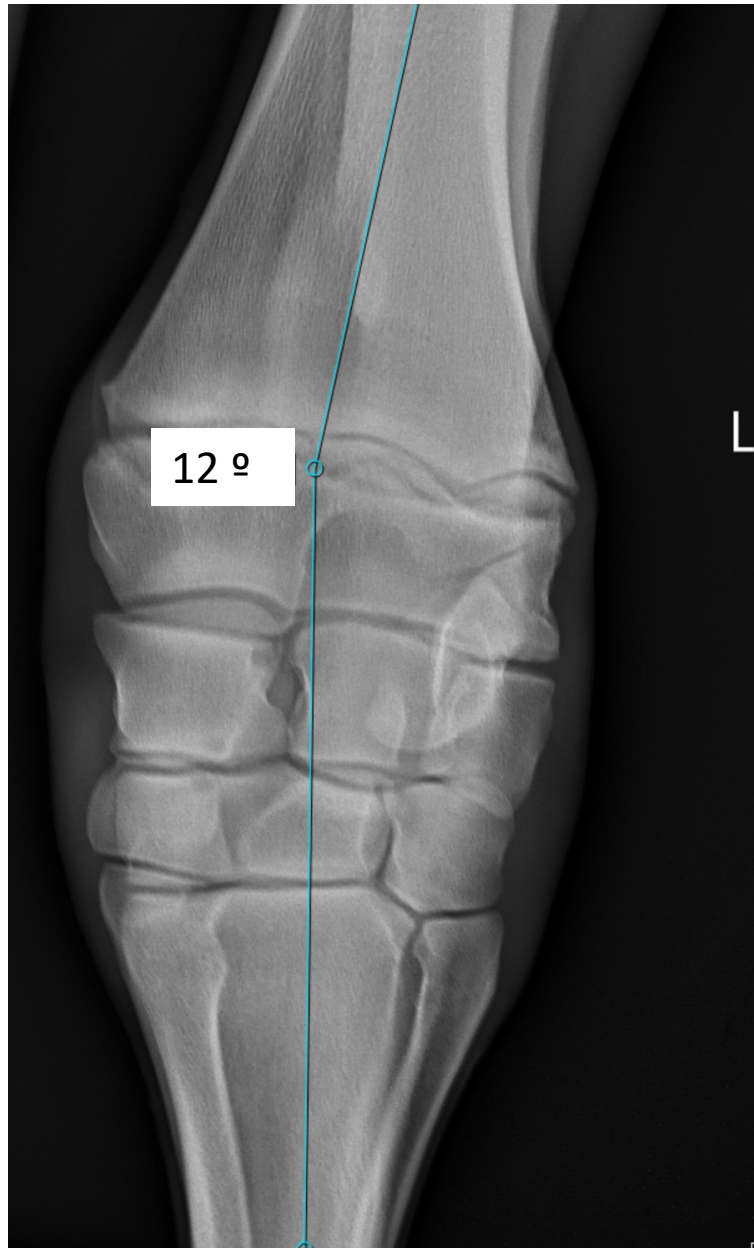
- Significant improvement in ALD on visual examination
- Recheck sesamoid fracture



# Case 2

Recheck 120 days of age

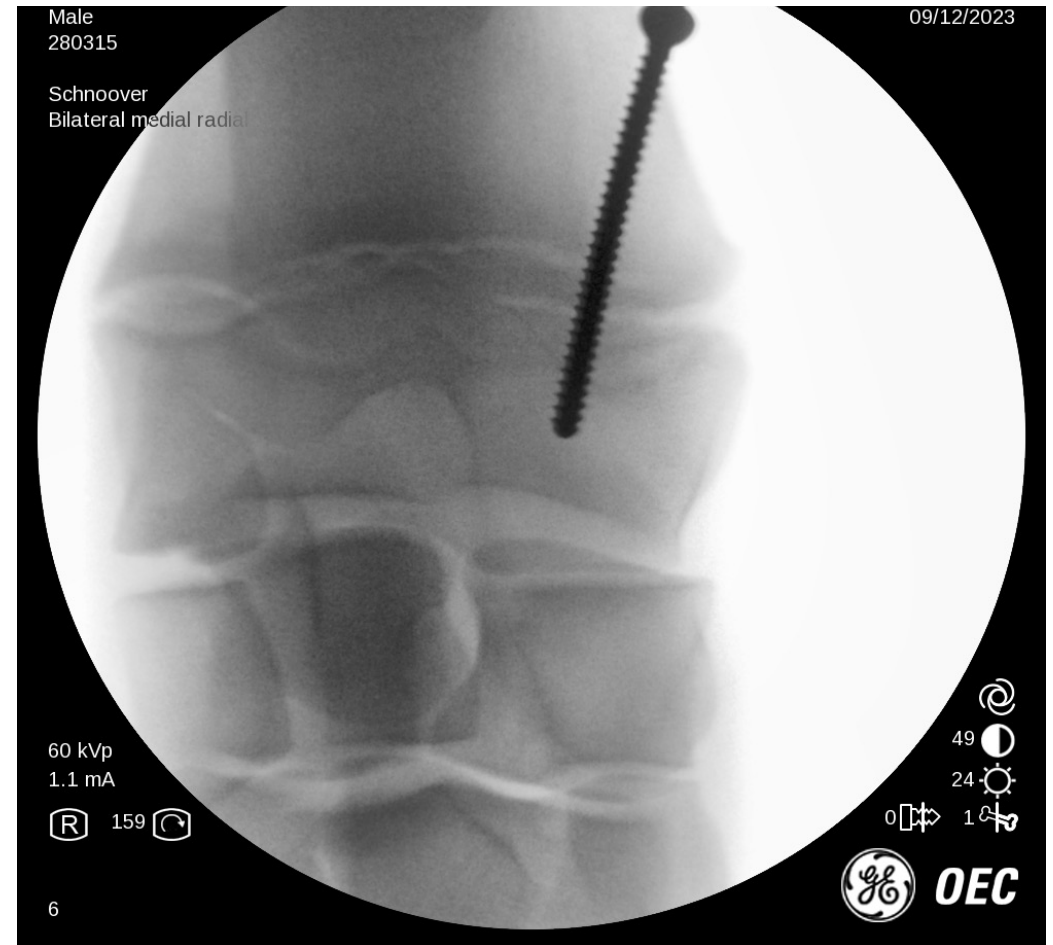
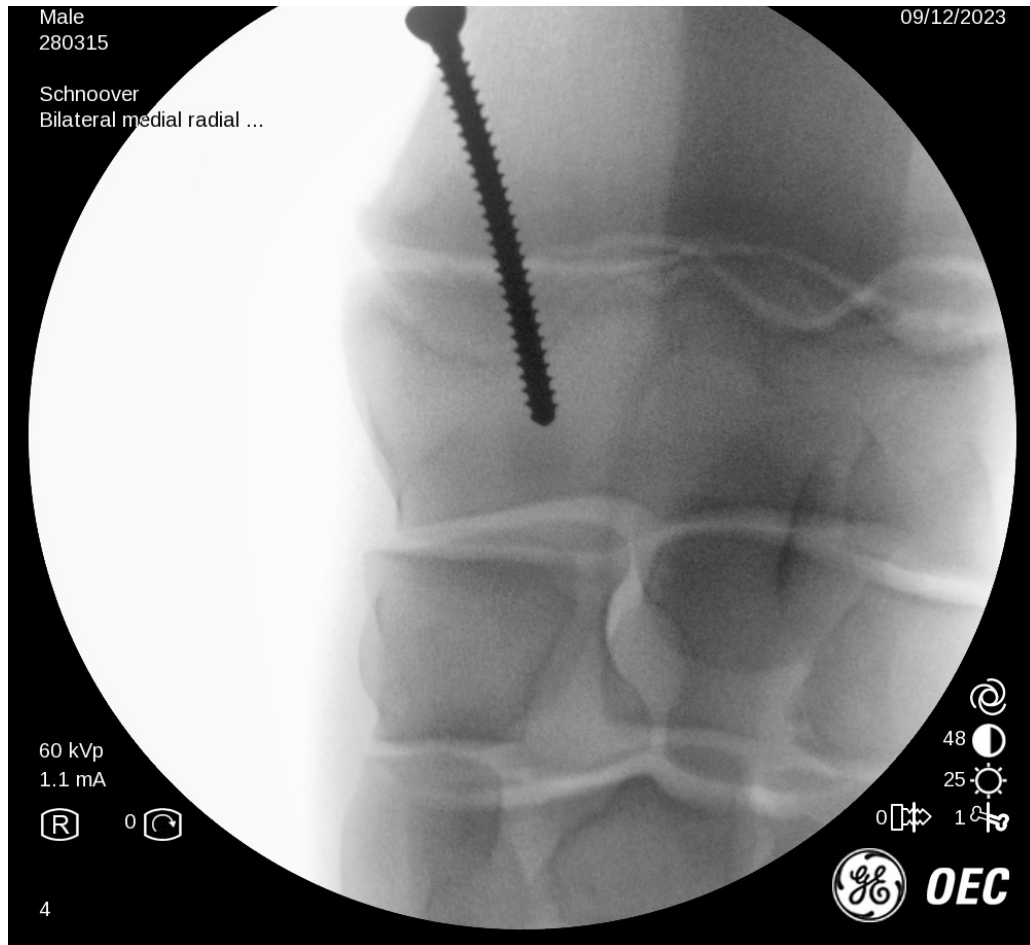
Surgical  
intervention elected  
given age of colt





# Case 2

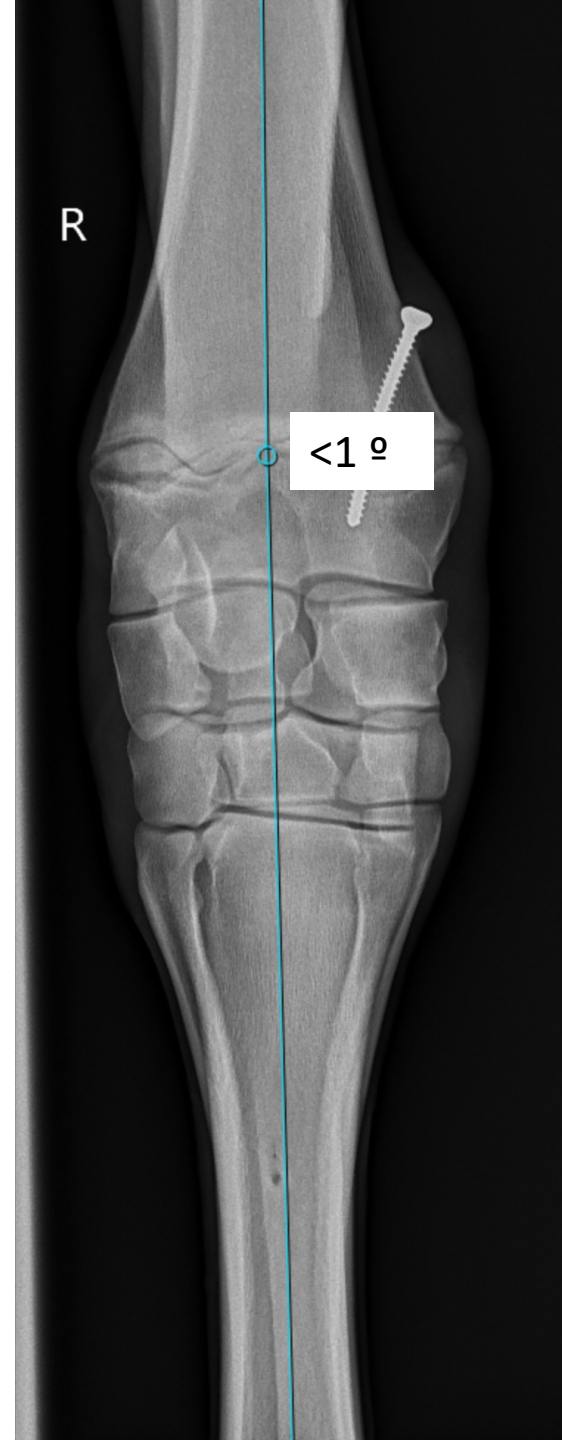
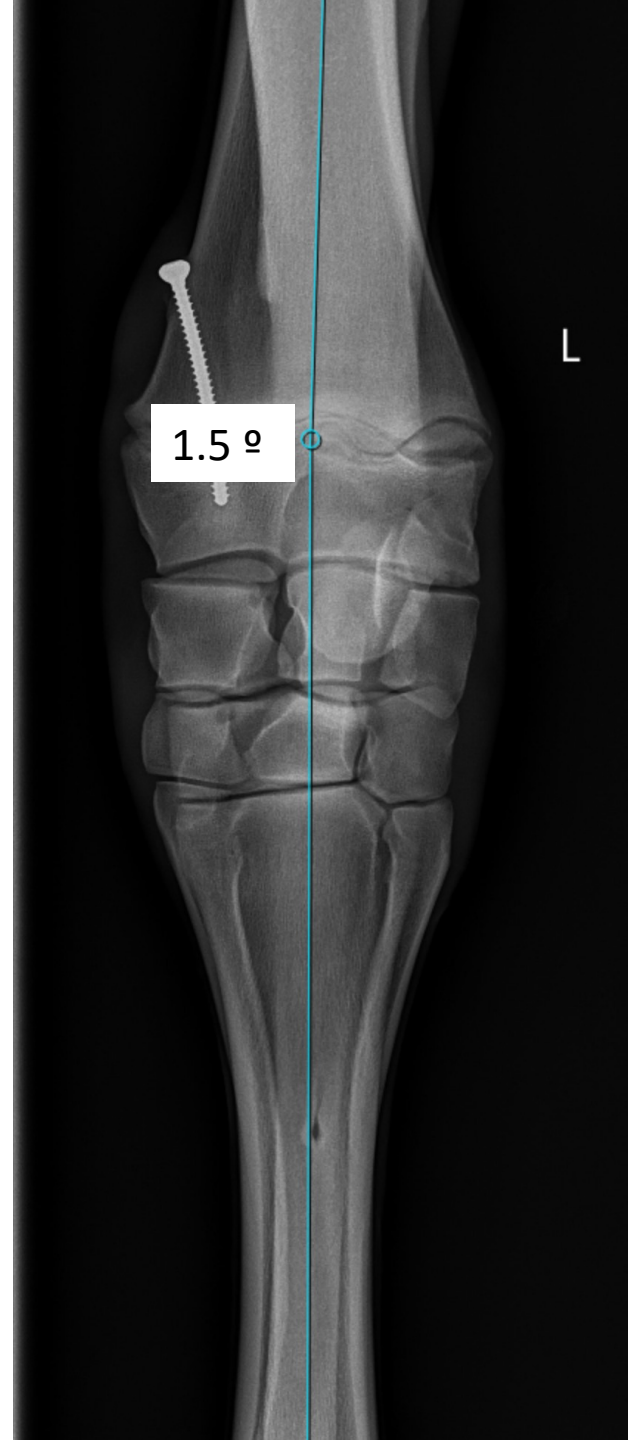
## Transphyseal Screw Placement 9/12/23



# Case 2

Recheck 10/19/23

Ready for Implant Removal



# Case 3

## 4-Day Old Bucking Stock Colt

- Presented for suspected injury of RF fetlock
- Born in pasture





# Case 3

## 4-day old Bucking Stock Colt

- Presentation to OSU
  - BAR, vital parameters WNL
  - Severe congenital flexural deformity involving fetlock, pastern, coffin joints
  - Walking on dorsal hoof wall/toe
  - Range of motion in fetlock joint reduced





# Case 3

## Radiographs



# Case 3

## Initial Treatment Plan

- Oxytetracycline
  - 2.5 g in 1L saline IV
- Bandaging/splinting
  - Challenges related to bucking stock
  - Elected to splint dorsally, distal limb only
- Analgesia
  - Equioxx ¼ tab (57 mg tablet) PO SID



# Case 3

## Days 2 - 3

- Oxytetracycline
  - 2.5 g in 1L saline IV
- Bandaging/splinting
  - Continued splinting, changed every 24h
- Analgesia
  - Equioxx
- Steady progress made daily





# Case 3

## Days 4 - 8

- No additional oxytetracycline
- Continued Bandaging/splinting
  - Re-placed once daily
- Analgesia
  - Equioxx





# Case 3

## Days 9 - 11

- Prognosis???
  - Intended use
  - Quality of life
- Surgical treatment options?
  - Superior and inferior check desmotomy
  - Tenotomy
  - Suspensory ligament desmotomy
  - Joint capsule
- Oxytetracycline
  - 2.5 g in 1 L saline IV days 9, 10, 11
- Limited controlled exercise
- Continued Bandaging/splinting
  - Re-placed once daily



# Case 3

## Complications

- Prognosis, quality of life again discussed
- Continued splinting another 6 days
- Tissue sloughing
- Foal developed significant lameness
- Surgery???
  - Previous options discussed again
  - Long-term salvage option
    - Fetlock arthrodesis?!?







# Case 3

## Complications

- Degree of lameness and tissue slough directly overlying dorsal fetlock joint
  - Concerns for sepsis
- Arthrocentesis
  - Sympathetic neutrophilic inflammation
  - 500 mg Amikacin IA
  - No communication with wound
- Management of wound and flexural deformity
  - Distal limb cast for 3 days





# Case 3

## Complications

- Removed cast and assessed wounds
- Placed bandage cast
- Bi-valved to use as splint
- Changed daily to manage wounds





# Case 3

## Progression

- Owners unsure of how they would like to proceed
- Not ready to euthanize
- Elected to try to get the wound to heal before making additional decisions
- Discharged for management of wounds at home







1 month following discharge







# Case 3

## Last Effort

- 2 months from initial presentation
- Options
  - Flexor tendons are lax
  - Joint capsule fibrotic
- Do nothing = poor quality of life
- Fetlock arthrodesis at 2 months of age??????
- Elected to anesthetize, surgically transect flexors, joint capsule to see if able to get any correction
- Euthanized on table



# Case 3

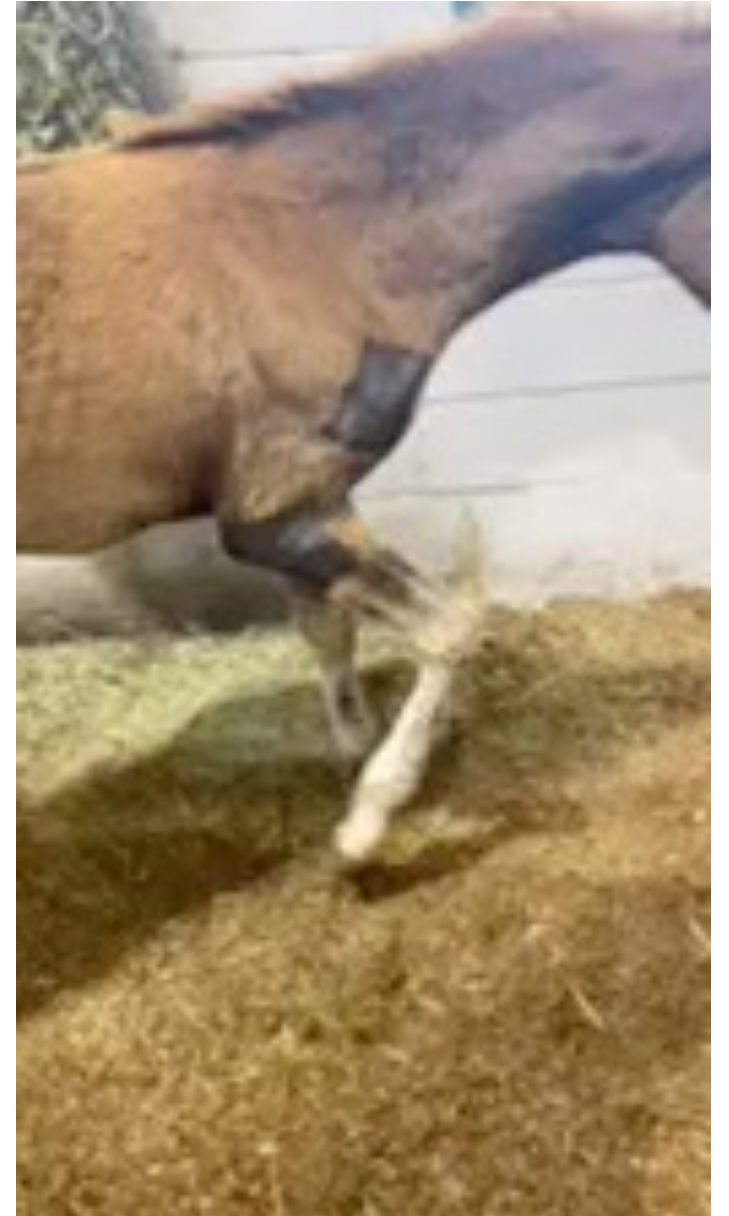
## **What could we have done differently?**

- Foal presentation day 1
- Pursue surgical treatment earlier
  - Superior, inferior check desmotomy
- Difference in type/placement of splint
- Was this case doomed from the start?

# Case 4

## 3-Month Old National Show Horse Filly

- Presented for acute onset non-weight bearing RF lameness
- Housed on pasture
- rDVM is an equine internist, performed radiographs and ultrasound of shoulder, humerus, radius/ulna
- No significant abnormalities
- Horse presented for CT scan
- Rule in/out more subtle fractures, septic physitis, etc.





# Case 4

## Presentation to OSU

- BAR
- Vital parameters WNL
- Non-weight bearing RF
- Mild swelling in triceps region
- No heat, pain, crepitus on palpation anywhere on limb
- No loss of skin sensation
- Remainder of neurological examination WNL

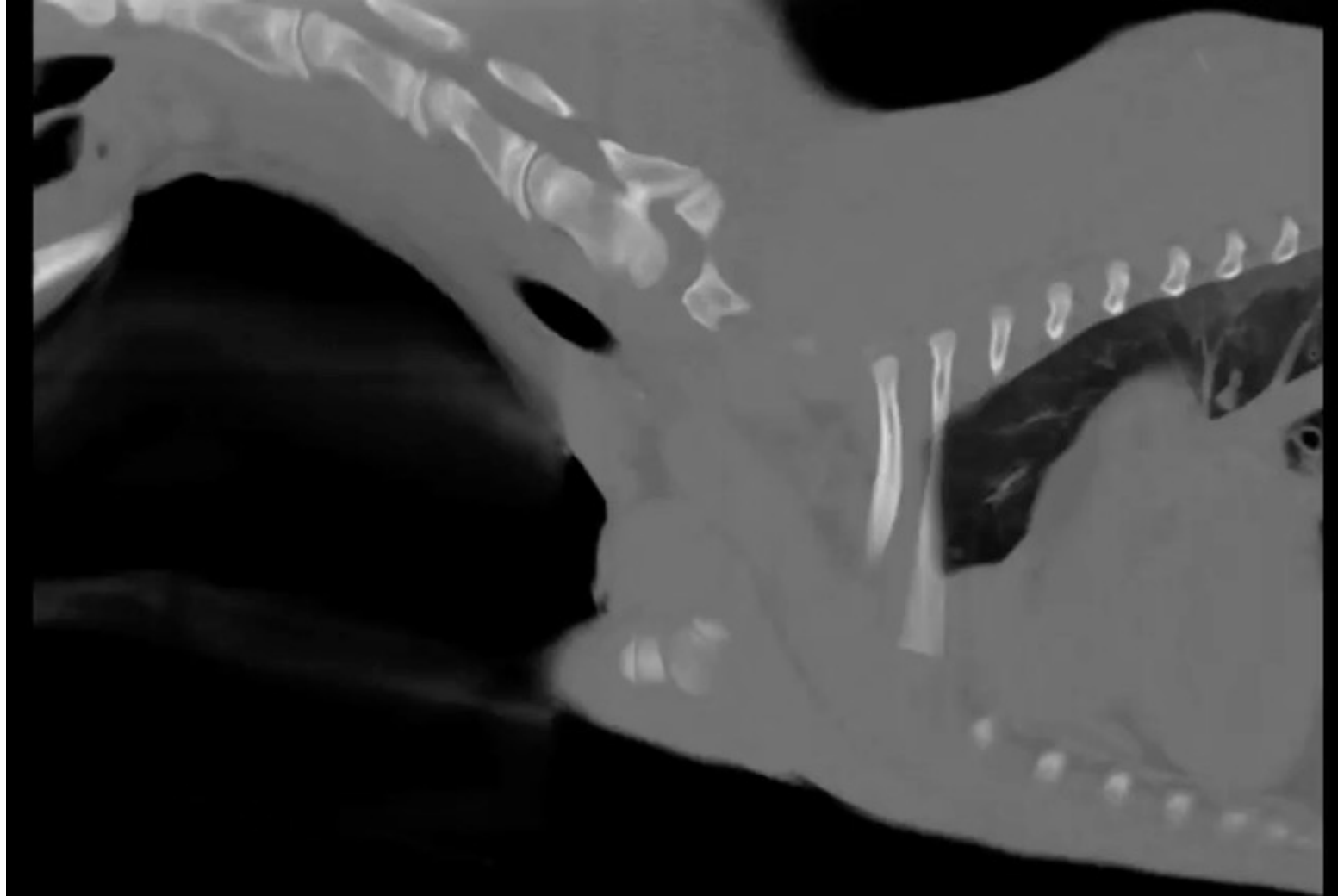
# Case 4

CT



# Case 4

CT





# Case 4

## Proposed Diagnosis



- Neuropathy, unknown etiology

# Case 4

## Peripheral Neuropathy

- Brachial Plexus
  - Compression between scapula and ribs
  - Can appear similarly to radial n. injury
- Radial Nerve
  - Prone to compression injuries
  - Innervates triceps musculature
  - Branches to carpal and digital extensors further distally
  - **“Dropped Elbow”, inability to extend joints distal to shoulder and to bear weight**
  - Chronic cases: inability to protract limb when jumping, intermittent lameness, stumbling
- Musculocutaneous Nerve
  - Coracobrachial muscle, limb adduction and shoulder joint extension
  - Biceps and brachialis muscle, flexors of elbow joint
  - Isolated injury unlikely
- Median and Ulnar Nerves
  - Motor to flexors of carpus, digit
  - Damage to these is rare
  - Decreased flexion of carpus and fetlock, abnormal limb swinging during protraction

# Case 4

## Conservative Treatment Options for Peripheral Neuropathy

- Neuromuscular electrical stimulation
  - No data on feasibility for large limb muscles in horses
- Hydrotherapy
- Aquatic rehabilitation
- Exercise restriction and time





# Case 4

## Conservative Treatment

- Full limb splint support 2-3 weeks
  - Did seem more content, comfortable with splint in place
  - Developed sores from the splint so removed and left off
- Anti-inflammatories for one week

# Case 4

## Progress at home

- 9 days post-CT



# Case 4

## Case Progression



- Continued to make gradual improvement
- Update 6 months out
- Doing well on full turnout, still takes occasional lame steps
- Prognosis still uncertain for use as a performance horse but maybe a breeding prospect





# Case 4

## Peripheral neuropathy of a forelimb in horses: 27 cases (2000–2013)

- JAVMA 2016
- Suprascapular nerve 11 horses
  - 8 returned to intended use after mean 9.3 months
- Axillary nerve 2 horses
  - Both returned to intended use after 3.5 months
- Radial nerve 14 horses
  - 9 returned to intended use after mean 13.3 months

**Anne-Laure Emond** DVM

**Lélia Bertoni** DVM

**Maeva Seignour** DVM

**Virginie Coudry** DVM

**Jean-Marie Denoix** DVM

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Address correspondence to Dr. Emond ([anne-laure.emond@laposte.net](mailto:anne-laure.emond@laposte.net)).

# Case 4



# Case 5

## 3-week-old Quarter Horse Filly

- LF lameness beginning one week prior to presentation
- Owner heard crashing noises coming from the pen, suspected trauma
- Has had diarrhea since birth
- IgG levels were normal
- BAR, nursing well
- Referred specifically for CT
- Radiographs taken by rDVM unremarkable





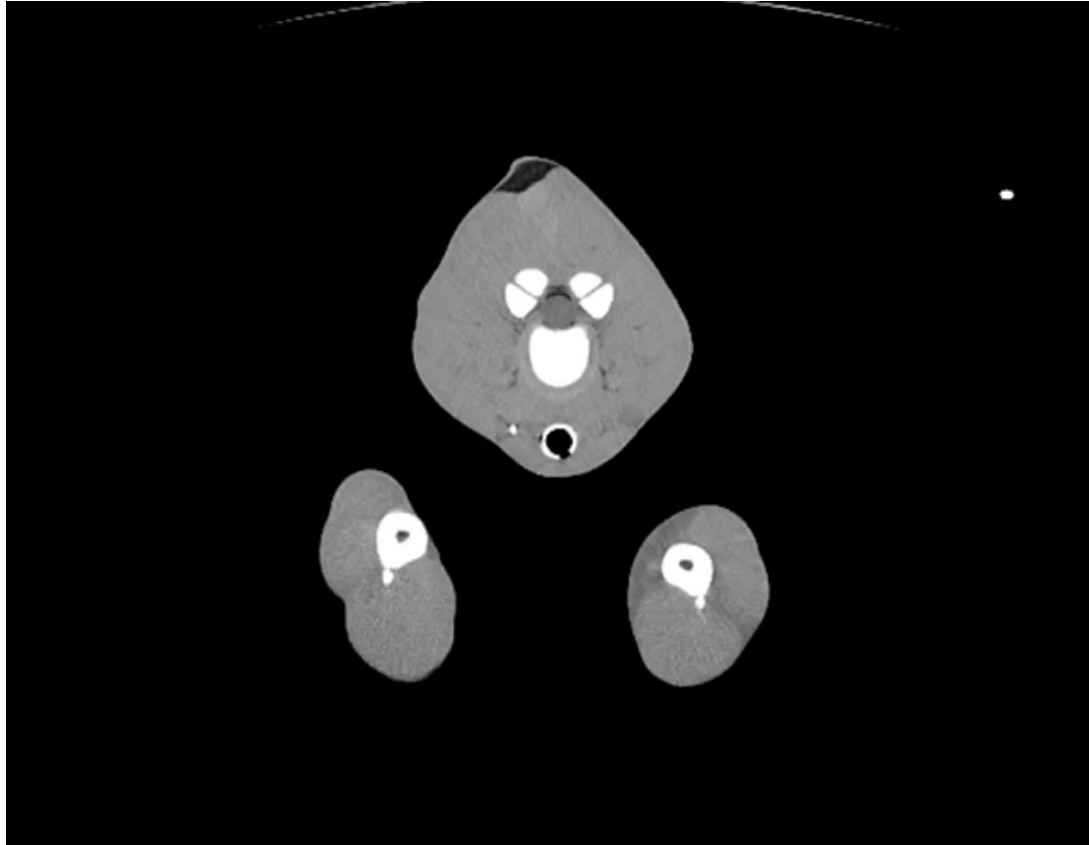
# Case 5

## Evaluation at OSU

- Temperature 101.4 F
- BAR, remaining vitals WNL
- 4/5 lame left front
- Firm, painful swelling palpable in left axillary regions
- All other joints palpate WNL
- Umbilicus palpates WNL

# Case 5

CT



# Case 5

CT



- Left Scapulothoracic septic arthritis
- Septic osteomyelitis
  - Left proximal humeral epiphysis and metaphysis
- Left Brachialis myositis and regional cellulitis
- Right humeral lucent lesion
  - Additional septic focus or osteochondrosis



# Case 5

## **Additional Diagnostics**

- Ultrasound-guided aspiration of fluid from left axillary region
- Submitted for culture and sensitivity
  - Large # Salmonella sp.

# Case 5

## Septic Arthritis/Osteomyelitis in Foals

- S-Type
  - Synovial membrane and fluid
  - Foals less than 2 weeks of age
  - Often prior history of illness
  - Tarsocrural, stifle, MCP/MTP most commonly affected
- E-Type
  - Articular epiphyseal complex or bone adjacent to articular cartilage
  - Older foals
  - Often prior history of illness
  - Distal femur, talus, proximal and distal radius, distal tibia, patella
- P-Type
  - Older foals (weeks to months), generally healthy without history of systemic illness
  - Long bone physes, can extend to joint capsule attachment
  - Distal tibia, MCIII/MTIII, distal radius

## HORSES AND OTHER EQUIDS

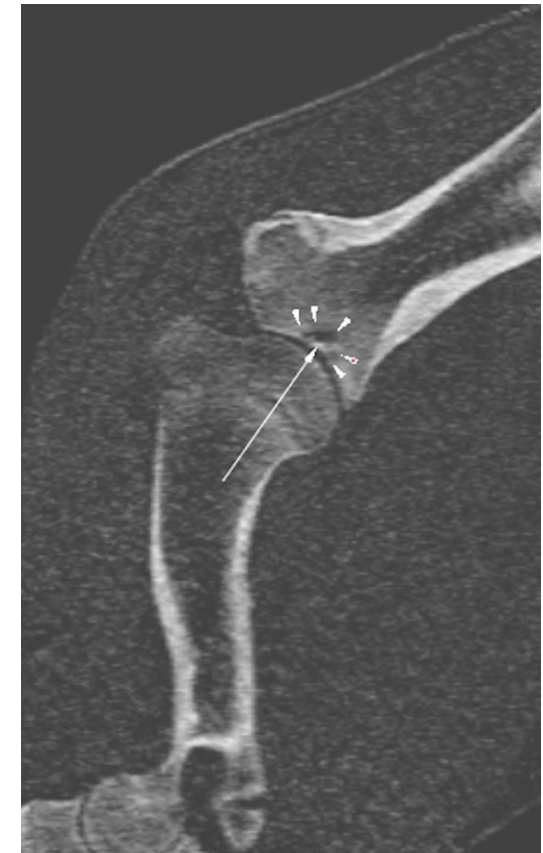
## Septic epiphysitis and sequestrum formation in the glenoid of the scapula in a five-month-old foal diagnosed by computed tomography

Peter E Clements,<sup>1</sup> Becky Jones,<sup>2</sup> Richard Coomer<sup>3</sup>

# Case 5

## Recommendations

- Surgical debridement of infected bone and debridement/lavage of septic scapulohumeral joint
- Hospitalization with intravenous antimicrobial therapy based on culture/susceptibility results
- Filly was bred for racing – prognosis for high level performance poor
- Humane euthanasia recommended if aggressive treatment is not pursued





# Case 5

## Retrospective study of 108 foals with septic osteomyelitis

KM Neil,<sup>a\*</sup> JE Axon,<sup>a</sup> AP Begg,<sup>a,c</sup> PG Todhunter,<sup>a,d</sup> PL Adams,<sup>a</sup> AE Fine,<sup>b</sup> JP Caron<sup>b</sup> and AR Adkins<sup>a</sup>

- 2010 Australian Veterinary Journal
- 19.4% had radiographic bone lesions
- 70.4% had concurrent septic arthritis
- 80.6% discharged from hospital
  - 65.8% of these went on to race
    - Overall 48% of foals treated for osteomyelitis raced
- 34.6% responded to first choice antimicrobials
  - 70 foals did not
    - 19 responded to second choice
    - 30 required additional changes to therapy
- 10 foals treated with antimicrobials only
- Surgical treatment for 98 foals:
  - Joint lavage in 56
  - Joint lavage and bone debridement in 27
  - Bone debridement alone in 15
- Foals with concurrent septic arthritis → poorer prognosis
- Poorer prognosis with increasing number of joints involved
- Of the non-survivors, 81% had concurrent septic arthritis

# Questions?



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## Williams - Case Presentations of Lameness and Musculoskeletal Abnormalities in Foals



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