SITUATION I
Individual is COVID-19 POSITIVE (regardless of vaccination status)

Self-isolation for 5 days

1. If after 5 days you have no symptoms, or symptoms are resolving, you may return to work/school but must wear a mask around others for 5 additional days.
2. If after 5 days your symptoms are not improving and/or you still have a fever, continue self-isolation until symptoms improve and the fever resolves. Wear a mask around others for 5 additional days after returning to work/school.

SITUATION II
Individual has had effective contact with a confirmed COVID-19 + person. You are excluded from below if:
- You have had COVID-19 within the past 3 months and are without symptoms.

SITUATION II AND you have received a booster OR completed the primary Pfizer or Moderna series within the last 6 months OR completed the primary J&J series within the last 2 months:
1. Wear a mask around others for 10 days.
2. Get tested on day 5 post-exposure.

SITUATION II AND you completed the Pfizer or Moderna series over 6 months ago, or the J&J series over 2 months ago, and DID NOT receive a booster OR you are unvaccinated:
1. Self-quarantine for 5 days post-exposure, then wear a mask around others for 5 additional days after returning to work/school.
2. If you are unable to self-quarantine for 5 days, you must wear a mask around others for 10 days post-exposure.
3. Get tested on day 5 post-exposure.

1. Begin self-quarantine and get tested.

SITUATION III
Individual has had effective contact with a possibly COVID-19 + person excluding:
- Individuals who have had COVID-19 within the past 3 months

1. Recommend wearing a mask around others until COVID status of the person is determined.
2. If the person you were exposed to is confirmed positive for COVID-19, follow Situation II.

SITUATION II AND SYMPTOMATIC/BECOME SYMPTOMATIC Regardless of Vaccination Status
1. Begin self-quarantine and get tested.

1 Effective contact is defined as contact within 6 feet for a cumulative total of 15 minutes or more over a 24 hour period, with or without a mask, starting from 48 hours before symptoms (or 48 hours before test date if asymptomatic); direct physical contact (hug or kiss); providing care to a sick, COVID-positive person; sharing eating or drinking utensils; or if the person sneezed, coughed, or otherwise got respiratory droplets on you.

CDC Updates and Shortens Recommended Isolation and Quarantine Period for General Population | CDC Online Newsroom | CDC

These guidelines are current as of 12-27-21 but are subject to change based on CDC, state and University updates.