



CENTER FOR VETERINARY HEALTH SCIENCES **Friday Bit for Alumni and Friends**

CLIMATE CHANGE »

It's finally summer.

As our bodies adjust to the increasing struggle to find relief from heat, science has given us this one truth. We better get used to it. But don't fret, I've mapped out some ways to help increase your coolness factor, allowing you to eliminate irritability due to lost sleep and rising temps.

- **Break a sweat** - Moisture is good but not in profuse quantities. CVHS Alumni Affairs has been thrown some shade. Increase our coolness [here](#)
- **Ice it down** - This group knows about [killin'](#) it
- **Ditch the socks** - Or earn some **orange** ones at the [Vet Med Fund for Excellence](#)
- **Bugs.** We take control - partner with us in global [parasitology](#) challenges
- **Get some shut-eye** - You did not try this on [Panciera's](#) watch. Don't snooze on this one.

Nicely earned chill. Sleep well.

OVMA/CVHS SUMMER SEMINAR »

Find me at the alumni table in Wes Watkins Center for the **OVMA/CVHS Summer Seminar Friday, June 16 - Saturday, June 17**. Registration and complete seminar event schedules and speaker profiles are available [here](#) There will be **orange**.

AVMA ROAD TRIP & COWBOY RECEPTION »

CVHS hosts an **alumni reception** in a **private suite** at **AVMA** on **July 21, 7-9:00 p.m.** at the **JW Marriott, Indianapolis** (Headquarters hotel for the conference). Registered Cowboys at the conference will receive an email of the exact suite location on July 21. Watch for it or contact [Sharon](#) at any time for information.

ALUMNI LEADERSHIP »

CVHS has its own dedicated leadership board for alumni. Comprised of DVM's, the **Alumni Society Executive Team** leaders represent all veterinary college alumni. We want to hear from you. Here's how to connect with us.

Mary Flynn ('97), President xmjw@aol.com - **Kim Morey ('90) Secretary** skmorey@att.net - **Theresa Casey ('82) Immediate Past President** texastee@live.com - **Tim Woody ('71) Past President** dvmwoody@aol.com Serving ex-officio as facilitator is **Sharon Worrell** sworrel@okstate.edu

During our annual meeting at **Fall Conference, 7 a.m. Thursday, November 9** at **Wes Watkins Center Point Four Dining Room**, we'll be electing an Alumni Society Secretary as Kim Morey advances to Vice President. Please consider serving your CVHS Alumni Society as an alumni leader.

It's **F R I Y A Y**. I still haven't calmed down.

GIVE and **BE** change. **Pay-it-Forward** [here](#)

Give

Fancy a chat? sworrel@okstate.edu follow me @sworrelokstate #scot1



CENTER FOR VETERINARY HEALTH SCIENCES
Healthy Animals – Healthy People



OFFICE OF ADVANCEMENT

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